



# The Communicator

SEPTEMBER | 2014

Green Bay Area 74 District 01  
newsletter@greenbayaa.org  
www.greenbayaa.org  
HOTLINE - 920-432-2600

*"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."*

30th Anniversary Alcoholics Anonymous International Convention-Toronto, Canada (July 1965)

## OPEN AND HONEST - 9TH STEP

A few months after coming into the Fellowship of Alcoholics Anonymous and solely under the motivation of fear, I compiled a list of those people to whom I judged I owed amends. At that stage of dryness, I felt compelled to do what the Steps suggested, lest I lose my precious sobriety. In retrospect, I find that attitude perfectly reasonable at that point.

On the list was a young woman, a professional colleague, who had been hurt by an action executed by me. She was unsure of the identity of the offender.

At every Eighth and Ninth Step meeting attended during the following three years, I became increasingly aware that I must someday summon the courage to become honest and reveal my transgression to Lynne. Projection, a formerly favorite preoccupation, told me I undoubtedly would lose her companionship. False dependence told me I needed her as a friend. (Wanting is one thing; needing, quite another.)

Lynne continued to be a good friend--especially generous with her invitations to social outings, her help, and her support whenever I permitted. Recently, when I knew she was about to perform yet one more act of affection, I became intensely uncomfortable. After thirty-six hours, I knew action was required to rid me of the pain. I became willing to take the risk of losing her friendship. For my own good, I had to take Step Nine.

During the past eight months, I have become aware of the need to start liking myself. I realized that all other areas of my life hinged on the concept of self-worth. After repeated practice, I did progress in the direction of this goal. But I have learned in this challenging program that one is never finished. Sure enough, a dear friend drew to my attention that it was time to start loving myself. My original aversion to this idea has been removed, and I daily practice this new discipline.

It was through this mental exercise that I came to realize I had to be good to myself and stop dragging the past with me whenever I encountered Lynne. The friendship seemed doomed unless it could become a now relationship.

An empty conference room at nine on a Friday morning provided the setting for my revelation. Fortunately, the amends were graciously accepted. But curiously, tears from Lynne followed. She explained that she had been deeply hurt, not by my disclosure, but by my earlier withholding of the news that I was an alcoholic, had stopped drinking, and had embarked on a new life through AA.

I had held back, failing to share with her. The fear that Lynne might find the news repulsive and reject me as a friend caused my procrastination. She had not been able to discern why our conversations were short and lacking in meaning. Among other things, how does one explain traveling several evenings throughout each month around the state with various men if one's friend is unaware of AA speakers' commitments?

Can it be that, at numerous discussion meetings, I actually told my group I was not a procrastinator and had no fears? Thank God, this is a program of mental growth and deepening awareness of self. Thank God, my eyes can open wider. Thank God, it is a gradual process. Thank God--acting through Bill W. and associates--for Steps Eight and Nine, which have healed wounds in an important relationship and have strengthened and enriched it.

How delightful to be open and honest! How delightful to be able to look Lynne squarely in the eyes and not feel that all-consuming, paralyzing guilt!

How delightful to grow up a little more! I almost called my sponsor to ask whether I should go ahead with the amends, but I knew the answer. I could use my sober mind and the pain in order to act as a mature woman and move in the direction my Higher Power was leading. I believed the leader of a recent meeting when he said that the intent of working Step Nine was to benefit me, not the other person, and that it would enable me to have a freer spirit as I continue to live my life. Now I know it. There is a difference.

Reprinted with permission from AA Grapevine: The International Journal of Alcoholics Anonymous  
www.aagrapevine.org

---

*"Made direct amends to such people wherever possible,  
except when to do so would injure them or others."*

---

# Unity

\* Indicates an online detailed flyer or registration form at [www.greenbayaa.org](http://www.greenbayaa.org)

## GREEN BAY AA DISTRICT 01 ANNUAL PICNIC

SATURDAY, SEPTEMBER 13, 2014

12:00 - 5:00 pm  
Perkins Park Pavillion  
600 North Fisk Street  
Green Bay, WI 54303  
Main dish provided. Bring a dish to pass.  
Soda & water for purchase  
\$5 suggested donation  
Jason: 920-412-3733

## BONDUEL-SHAWANO INTERGROUP\*

SATURDAY, SEPTEMBER 20, 2014

St James Lutheran Church  
324 S Andrews St Shawano WI 54166  
5:00 pm Fellowship 6:00 pm Dinner 7:15 pm  
AA and Al-Anon Speakers  
Please bring a dish to pass

## AA - AREA 74 FALL CONFERENCE\*

"Recovery, Unity, Service - Our Three Legacies"

SEPTEMBER 26-28, 2014

The Plaza Hotel and Suites  
1202 W Clairemont Ave, Eau Claire, WI  
Contact: Cheryl L. (715) 210-2262

## 4TH & 5TH STEP FALL RETREAT\*

OCTOBER 10-12, 2014

AA and Al-Anon  
St. Norbert Center for Spirituality  
1016 N. Broadway, De Pere, WI 54115  
Cost: \$140 - includes lodging, meals, & snacks  
Therese (920) 336-3023 or (920) 639-0360  
Tim S. [timsiebers@yahoo.com](mailto:timsiebers@yahoo.com)

## THE BRIDGE CHILI DINNER AND FUND RAISER\*

SATURDAY, OCTOBER 25

4:30-6:00 pm  
Open Speaker Meeting 6:30 pm  
All persons welcome to attend  
Any donations go toward The Bridge new roof  
(no fees required)

## BACK TO BASICS SEMINAR

All 12 Steps in four sessions  
EACH WEDNESDAY OF THE MONTH  
6:30 pm

Green Bay Area Alcoholics Anonymous Central Office  
1270 Main St, Green Bay, WI

Suggested Text:

Back to Basics - Alcoholics Anonymous Beginners' Meetings  
by Wally P.

## WISCONSIN CONFERENCE OF YOUNG PEOPLE IN AA

(WICYPAA)

JANUARY 9-11, 2015

The Plaza Hotel and Suites  
1202 W. Clairemont Ave  
Eau Claire, WI

Conference Info & Registration: [www.wicypaa.org](http://www.wicypaa.org)  
Hotel reservations (715) 834-3181

## 2015 INTERNATIONAL CONVENTION OF ALCOHOLICS ANONYMOUS\*

JULY 2-5, 2015 - Atlanta, Georgia

With the theme "80 Years - Happy, Joyous and Free."

Pre-registration deadline: May 12, 2015

Pre-registration fee: \$100

For more information: [www.aa.org](http://www.aa.org)

# Service

## Green Bay Area Alcoholics Anonymous Central Office

Central Office Volunteers Needed:

Mon-Fri: 10:00 am - 1:30 pm or 1:30 pm - 5:00 pm

Saturday: 10:00 am - 2:00 pm

Terry H. at (920) 432-2600

1270 Main St, Green Bay, WI 54302

## 2015 Area 74 Spring Conference

Kimberly S. (920) 592-9337

Committee Chairs & Volunteers needed

## Bridging the Gap\*

1270 Main Street #102

Green Bay, WI 54302

[bridging@greenbayaa.org](mailto:bridging@greenbayaa.org)

[www.greenbayaa.org/service.html](http://www.greenbayaa.org/service.html)

Introduce newly released inmates to AA

Volunteers with minimum one-year sobriety & sponsor

## Volunteers Needed Serving Brown County Jail\*

Help Carry the Message Behind Bars!

Corrections Volunteers Urgently Needed

For Authorization Forms

Contact: Tim T. (920) 227-3156 or [totoepel@aol.com](mailto:totoepel@aol.com)

# Donate

## GREEN BAY AREA AA CENTRAL OFFICE

PO Box 1791 Green Bay, WI

54305

(920) 432-2600

[www.aagreenbay.com](http://www.aagreenbay.com)

## AA DISTRICT 01 TREASURER

PO Box 632 Green Bay, WI 54305

## AA AREA 74 TREASURER

PO Box 84 Paradise, MI 49768

[www.area74.org](http://www.area74.org)

## AA GENERAL SERVICE OFFICE (GSO)

Grand Central Station

PO Box 459 New York, NY 10163

(212) 870-3400

[www.aa.org](http://www.aa.org)



"The good news is, when I get out, I can pick up a 60-day chip."

—Doug R. Calif.

[www.aagrapevine.org/cartoon-winners](http://www.aagrapevine.org/cartoon-winners)

## Area 74 District 01 Treasurer's Report

Prepared for the August 14, 2014 GSR Meeting

Starting Balance as of 07/10/2014 \$2,357.09

Expenses	
Color Master - Newsletters	\$143.50
The Bridge - rent	\$15.00
Bus Ads - City of Green Bay	\$42.00
Total Expenses-	-\$200.50

Deposits:	
July 10, 2014 7th Tradition	\$15.00
Pulaski Monday Night	\$64.00
218	\$136.46
G/L Accepting All UCC of Christ	\$20.00
Serenity Now	\$150.00
Total Deposits+	+\$385.46

Ending Balance August 14, 2014	\$2,542.05
(\$1,300.00 for prudent reserve)	\$1,300.00
Total Funds Available to spend	\$1,242.05

# GENERAL SERVICE REPRESENTATIVE (GSR) MEETING

August 14, 2014

## District Committee Member (DCM) Report-Summary:

(Meeting Minutes Online: [www.greenbayaa.org](http://www.greenbayaa.org))

Dear Friends:

This past weekend I attended the Area 74 Committee meeting in Three Lakes. In this meeting we set the agenda for the assembly being held at the Spring Conference in Eau Claire. At the assembly a sharing session will be held on lighting the fire of service in our districts. A panel of three DCMs and an Area 74 committee chair from very successful districts will talk about how they turned their mediocre districts into high energy districts. In addition to the sharing session there will be past and future Conference reports, elections of open area positions and other area business. I look forward to seeing you all at the Assembly. Remember as a GSR you are the Voice and Vote of your group. It is up to you to bring your group's conscience to the Area.

In loving service,  
Tom Y. DCM District 01

**Secretary:** Corrections to the July 10th, 2014 Secretary Report are as follows: In the Attendance part of the minutes, the meeting location of Never On Sunday (3 places) is The Bridge Commons, not in Room #2. A motion was made and seconded to accept with changes the July 10th minutes. Passed. ~Marty S.

**Archives:** Absent. ~Bruce K.

**Bridging the Gap:** BTG is doing well. Could use a few more men and women to step up to help. Great way to do some service. Contact me: [bridging@greenbayaa.org](mailto:bridging@greenbayaa.org) or 920-217-3550. Thanks to all the people that make BTG work. ~ Mary S.

**Cooperation with the Professional Community:** (Received by email) "Please accept my resignation as CPC Chair. Thursday nights are difficult for me to schedule. I seem to be better suited for spurts of impromptu service rather than a formal, office holding position. I learned a bit about myself. Thank you for your service, Jennifer." Absent. ~Jennifer A.

**Corrections:** Report read by Tom Y.: I would be happy to assume the remainder of Ron O's Corrections Chair term. I wish I could be there to meet with all of you and hope to attend next month's meeting if my appointment is approved. Our biggest need at this time is for volunteers, primarily men. I have been working with the Newsletter and Webmaster to advertise this need. I am planning to put up Brown County Jail Volunteer application form on the Website that prospective volunteers can fill out and send to me. I have also solicited testimonials from current volunteers describing what their experiences have meant to them which will be placed on the Website. I would ask all GSR's to please make announcements at their meetings about our need for volunteers. Looking forward to seeing you all at next month's meeting! Yours in service, Tim T. A motion was made, seconded and passed for Tim T. to serve as Corrections Chair. ~Tim T.

**District Events:** The Communicator and our website (<http://www.greenbayaa.org>) have the events listed with all the details. The flyer Green Bay AA District 1 Picnic was passed out to those present. Plans have been firmed up for The District 01 Picnic on Saturday September 13th at Perkins Park Pavilion, 600 North Fisk Street in Green Bay. The event will be from 12pm-5pm. Josiah P. will be the main contact person that day as Jason P. will be out of state for a wedding. Josiah P. will be meeting the representative from Green Bay Park and Rec at 10:30am on Sept 13th to open the pavilion. Park rental fee of \$100 has been prepaid by the District. He will also meet with the representative prior to 5pm to ensure that the pavilion is cleaned to their standards. Sloppy Joes have been ordered from the Blackstone West and will be prepaid by the District. They will be picked up about 10:30am and will be hot and ready to serve. Soda, water, and some other supplies have been ordered from Webster Avenue Market and will be prepaid by the District. Patrick H. will bring volleyball net and set up. Josiah P. will bring some board games to play. Feel free to bring along any games that you may want to share with others. There is a playground and some activities at the park. Any questions the day prior to the event or the day of the event should be addressed with Josiah P. He may be reached at 920-264-2107. Yours in sobriety, Josiah P. and Jason P.

**Grapevine:** Nothing to report. ~CJ D.

**Newsletter:** Nothing to report. ~Ronald M.

**Public Information:** The multiple efforts of trying to connect with a discussion group of Wisconsin Public Radio have not been good. They have approximately 21,000 discussions a year and ours is not in the cards today but might be in the future. I'll keep trying. The area has talked of this subject and does not like the opportunity per Gary K., Area 74. We at the district level had discussed this to go ahead if the area accepted and so now we may end this opportunity. Meeting lists are now going out to Pharmacies. ~Paul K.

**Treasurer's Report:** Area 74 District 01 Treasurer's Report (see page 3) Prepared for the August 14, 2014 GSR Meeting. Motion made and seconded to accept the Treasurer's Report. Passed. ~Pat H.

**Webmaster:** This month you will notice some changes to the home, meeting, events, links, minutes and newsletter pages. Please take a look and let me know what you think. Also, please take the time to look at our entire web site from time to time and let me know if there are any mistakes. Feel free to send me suggestion on how to make our web site more user friendly to the AA community. Last month our web site was down for a day. I was able with the help of ready hosting to get it up and running with very little disturbance. It is my recommendation to get a virus control which would put up a fire wall to stop this sort of disruption to our web site. The cost of \$38.00 a year would give us The WordPress hosting bundle includes a firewall and a backup. So if the website is ever in a state that you don't want it then you can restore it to a previous version. It also includes Tier 2 level tech support so you can get to the root of the problem sooner. Respectfully submitted. Jack S. Webmaster District 01 ~Jack S.

---

## Resources Online

"Keep Recovery in Your Head"

Alcoholics Anonymous World Org: [www.aa.org](http://www.aa.org)

WI Young People in AA (WICYPAA) [www.wicypaa.org](http://www.wicypaa.org)

Recovery Short Stories (print/audio): [www.aagrapevine.org](http://www.aagrapevine.org)

AA Speakers Online & No Cost Download: [www.aaspeakers.org](http://www.aaspeakers.org)

Adult and Teenage Family & Friends of Alcoholic: [www.al-anon.alateen.org](http://www.al-anon.alateen.org)

Al-Anon's monthly magazine-*The Forum*: [www.al-anon.alateen.org](http://www.al-anon.alateen.org)

Historical Resources of Alcoholics Anonymous: [www.silkworth.net](http://www.silkworth.net)

## Old Business

- Ron O. is unable to finish the term for Corrections Chair. Tim T. has volunteered to serve through the end of the current term.
- Kimberly S. is asking the groups of our area to sign up for a block of time in the Hospitality Room for the 2015 Area 74 Spring Conference. The group would staff and bring eats and drinks during their block of time. Contact Kimberly S. for more info at kimmvschuyler@gmail.com or 920.592.9337.

## New Business

- Tom Y. Read letter: A.A.W.S. Literature Price Increase Effective October 1, 2014 Shipping and Handling Charge Decrease Effective October 1, 2014

As noted in our communication on July 3, we are providing the list of the adjusted literature prices that the A.A.W.S. Board has approved. This increase will become effective October 1, 2014.

As you know, literature prices help to cover costs for services provided by the General Service Office. As we strive to become more self-supporting it is necessary for Board to raise prices to maintain the level and quality of those services and the financial health and stability of the office. Attached is the adjusted literature pricing schedule.

We are also pleased to announce that the A.A.W.S. Board has voted to decrease our shipping and handling charges at the same time the literature price increase goes into effect, October 1, 2014. You will find the new schedule of those reduced rates also attached.

The Board and the office are grateful to you and to the A.A. groups throughout the United States and Canada who purchase our literature and hope that the decreased shipping and handling charges will be welcomed by those whom they affect most.

As a reminder, the new A.A. World Services, Inc. literature catalog will be available in October with the new pricing structure and new shipping and handling rates. Prices and shipping and handling charges listed on the Online Store will be updated at that time, as well. (See meeting minutes online for details: [www.greenbayaa.org](http://www.greenbayaa.org))

## A.A. VIDEOS FOR YOUNG PEOPLE PROJECT STILL ACCEPTING SUBMISSIONS!

The trustees' Committee on Public Information for A.A. in the U.S. and Canada is accepting video/digital submissions from the Fellowship that, if selected, could be used to carry A.A.'s message of recovery to young people in high school and college settings. There is no set deadline; submissions are being accepted on an ongoing basis. The following guidelines have been developed:

Individuals submitting videos must be at least 18 years of age and must reside within the boundaries of the U.S. and Canada A.A. General Service Structure.

We welcome video submissions in English, Spanish and French.

Do not show full faces or show/state full names of A.A. members. Submissions that do so will not be used by Alcoholics Anonymous World Services (A.A.W.S.) for any purpose.

Please mail your video submission in an easily viewable format (e.g., QuickTime, Windows Media Player, etc.) on DVD to Attn: Public Information Coordinator, General Service Office, 475 Riverside Drive, 11th Floor, New York, New York 10115. Any questions about the project can be directed to the Public Information Coordinator at [publicinfo@aa.org](mailto:publicinfo@aa.org), telephone (212) 870-3119, fax (212) 870-3003.

Important Legal Notice: If your video is chosen to be used by Alcoholics Anonymous World Services, Inc. (e.g., DVD, web site or other P.I. project), appropriate assignments of copyright provided by A.A. W.S. will need to be signed. Additionally, the A.A. member making the submission must be at least eighteen (18) years of age.

## GSR Reports

**Carry the Message:** We chose a "grab bag" theme for the meeting. Each meeting a topic will be chosen out of a grab bag. All topics are recovery related. One of our members inquired about WICYPAA (Wisconsin Conference of Young People in Alcoholics Anonymous) in our area. Do we have a young person's meetings? Is WICYPAA active in our district? We have three core members. This is an upbeat meeting. Just a reminder that you don't need kids to join us! It's the only Tuesday meeting before noon. ~Katie S.

**Early Birds:** Well attended; working on literature for newcomers, planning a hay ride for October. ~Don D.

**Eye Opener:** Our group is doing well. ~Geri L.

**Fisherman's Paradise:** Nothing to report. ~Ronald M.

**Flintville Early Risers:** We are sponsoring time and eats for the 2015 Spring Conference hospitality room. We are planning a workshop. ~Nate K.

**It's In the Book:** Going well. ~ Pat H.

**Letting Go:** We now have a treasurer and checking account and will be starting to make donations to the Green Bay Area Central Office, District 01, Area 74 and AA General Service Office. We will have our first business meeting on August 28th after the 1:00 pm meeting. ~Donna Y.

**New Hope:** Going well. ~ John C.

**Red Road:** Things are going well. Attendance is increasing. We have a solid home group. ~Mat H.

**Serenity Now:** Our group is very well attended, up to 90 people. We will disperse \$1500 in different directions. ~Bob K.

**Sisters in Sobriety:** Our group is doing well. I brought some cookies to celebrate my 4 year anniversary. ~CJ D.

### District 01 Committee Contact Information

District 01 Chairperson Tom Y. 920-471-3502	<a href="mailto:dcmdistrict01@greenbayaa.org">dcmdistrict01@greenbayaa.org</a>	Archives Bruce K.	<a href="mailto:archives@greenbayaa.org">archives@greenbayaa.org</a>
Alternate District Chairperson Gary K. 920-362-0206	<a href="mailto:altDCM@greenbayaa.org">altDCM@greenbayaa.org</a>	Bridging the Gap Mary S. 920-217-3550	<a href="mailto:Bridging@greenbayaa.org">Bridging@greenbayaa.org</a>
Newsletter Keely J. 920-412-1217 Ronald M. 920-593-2915	<a href="mailto:newsletter@greenbayaa.org">newsletter@greenbayaa.org</a>	Public Info Paul K. 920-676-2901 Marian K. 920-366-5950	<a href="mailto:PI@greenbayaa.org">PI@greenbayaa.org</a>
Corrections Chairperson Ron O. 920-321-1072	<a href="mailto:Corrections@greenbayaa.org">Corrections@greenbayaa.org</a>	Grapevine CJ D. 920-221-5443	<a href="mailto:grapevine@greenbayaa.org">grapevine@greenbayaa.org</a>
Meeting List Changes Ronald M. 920-593-2915	<a href="mailto:MeetingList@greenbayaa.org">MeetingList@greenbayaa.org</a>	Coop with Prof. Comm. (CPC) Jennifer A. 920-265-9053	<a href="mailto:cpc@greenbayaa.org">cpc@greenbayaa.org</a>
Treasurer Pat H. 920-362-1241	<a href="mailto:Treasurer@greenbayaa.org">Treasurer@greenbayaa.org</a>	Events Jason P. 920-412-3733	<a href="mailto:events@greenbayaa.org">events@greenbayaa.org</a>
Secretary Marty S. 920-465-1401	<a href="mailto:secretary@greenbayaa.org">secretary@greenbayaa.org</a>	Josiah P. 920-264-2107 Webmaster Jack S. 414-477-3843	<a href="mailto:webmaster@greenbayaa.org">webmaster@greenbayaa.org</a>