

## Tenth Step Prayer

*I pray I may continue:*

*To grow in understanding & effectiveness;  
To take daily spot check inventories of myself;  
To correct mistakes when I make them;  
To take responsibility for my actions;  
To be ever aware of my negative &  
Self-defeating attitudes & behaviors;  
To keep my willfulness in check;  
To always remember I need Your help;  
To keep love & tolerance of others as my code; &  
To continue in daily prayer how I can best serve You,  
My Higher Power.*

## Tenth Step Prayer

*God, I pray that I continue to watch for selfishness, dishonesty, resentment, and fear. When these crop up, I humbly ask You to remove them at once. I pray that I discuss them with someone immediately and make amends quickly if I have harmed anyone. I pray that I turn my thoughts to someone I can help. I pray that love and tolerance of others be my code. I pray for a daily reprieve contingent on the maintenance of my spiritual condition. Every day is a day I must carry the vision of Your will into all of my activities. How can I best serve Thee – Thy will, not mine, be done. Amen*

## 10th STEP

*God remove the Selfishness, dishonesty, resentment and fear that has cropped up in my life right now. Help me to discuss this with someone immediately and make amends quickly if I have harmed anyone. Help me to cease fight anything and anyone. Show me where I may be helpful to someone else. Help me react sanely; not cocky or afraid. How can I best serve You – Your will, not mine be done. AMEN  
(p. 84-5 BB)*

*"How can I best serve Thee—Thy will (not mine) be done."  
(p. 85 BB)*

## *A 10th Step prayer for Growth and Effectiveness:*

*"God, please help me Watch for Selfishness, Dishonesty, Resentment and Fear. When these crop up in me, help me to immediately ask you to remove them from me and help me discuss these feelings with someone. Father, help me to quickly make amends if I have harmed anyone and help me to resolutely turn my thoughts to someone I can Help. Help me to be Loving and Tolerant of everyone today.*

*Amen" (84:2)*

## *Tenth Step Prayer*

*My Higher Power, My daily prayer is to best serve you, I pray I may continue to grow in understanding & effectiveness; Help me to watch for selfishness, dishonesty, resentment and fear;*

*Help me to be willing to have You remove them at once; I must be willing to discuss them with someone immediately; I will make amends quickly if I have harmed anyone; And then I will turn my thoughts toward helping someone else;*

*Please help me to remember to practice love and tolerance of others.*

*(84:2)*

## *Tenth Step Amends Prayer*

*"God, please forgive me for my failings today. I know that because of my failings, I was not able to be as effective as I could have been for you. Please forgive me and help me love thy will better today. I ask you now to show me how to correct the errors I have just outlined. Guide me and direct me. Please remove my arrogance and my fear.*

*Show me how to make my relationships right and grant me the humility and strength to do thy will." (86:1)*