



The Communicator

JUNE | 2019

Green Bay Area 74 District 01
newsletter@greenbayaa.org
www.greenbayaa.org
HOTLINE - 920-432-2600

"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible." 30th Anniversary Alcoholics Anonymous International Convention-Toronto, Canada (July 1965)

JOURNEY TO THE SUNLIGHT OF THE SPIRIT

"An affair with a married man in sobriety gives her the courage to finally face herself and her past"

I was seven years old when my father began an affair with a woman he met in AA. Many years later, they had a child together. My parents were still married; my mother was also in the program. This affair impacted my family homeostasis and both my parents ended up relapsing. The affair was not the cause of their relapse—their lack of working a program was the reason. Despite all this history, I was 14 months sober when I entered an affair with a man I met at my meeting.

Everything about this relationship spoke to my alcoholism, it just didn't manifest in a bottle. It came in the form of a man 14 years my senior riding on a Harley Davidson. In retrospect, something was missing in my program. Externally, I was almost a poster child for AA. I was in service: taking H&I meetings into the local rehab and prison had a secretary position, was the NCCAA rep for my fellowship and had a couple of sponsees. Deep down, I was restless, irritable and discontent. I felt as though I had been a good girl and was not getting my prize. I was sick of my job and felt ready to embark on my career that had been put on hold when I got sober. I was lonely. I was not getting really honest with myself about how I felt about myself in relation to the world. Basically, I had not done a fearless and thorough moral inventory, and these character defects were coming out in ways that I could not even recognize. I did not even know they were there because I was not being humble enough to look at myself, really look at myself, because it might hurt to see how broken I really was. So I did what any good alcoholic does, distract with a person, place or thing.

Initially, I really believed I was just going for bike rides. Ignoring that gut feeling of curiosity around the appropriateness of riding on a married man's bike. I kept on with my arms wrapped around him tight, with self-will and denial as the fuel that finally brought us to the end of our destination. The fall could have been a lot worse and I am blessed to walk away from it, but I truly believe my Higher Power had me fall down in order to see how low I really was. The only way to know how far down the scale we are is to be down there in the pain, ugliness, and rawness of it all. The moment I willingly entered into this affair was the very same moment my program completely stopped. A fog came over me, and I was absent for a while. The foundation of my program cracked. This is a program of honesty. I was not honest. That crack grew and I fell in.

Through the love, grace, and experience of other strong women I fought, cried and prayed. I prayed for willingness to surrender. I found the courage to end the affair. The moment I ended it, the fog cleared away and I could feel myself within myself. Yes, there I was. A scared girl.

That day shifted something in my sobriety. That was the day that I was given a gift. That day gave me the courage to acknowledge my worth. That day gave me the strength to face all of me, including all my defects. That day gave me the wisdom to humble myself to see my role in things. I had to get brought all the way down, so I could go up. I believe God took me to the depths of my own darkness holding my hand through it all and lifted me up so I could dance in the sunlight of his spirit.

~Anonymous Tracy, Calif.

OPEN SPEAKER MEETING (weekly)

WEDNESDAYS 8:00 P.M.

The 218 Club
218 S. Oneida Street
Green Bay, WI 54303

DISTRICT 01 MEETING (monthly)

2ND THURSDAY OF EACH MONTH

6:30 p.m.

All Alcoholics Anonymous members are Welcome

Alcoholics Anonymous Central Office
1270 Main Street #102
Green Bay, WI 54301

CENTRAL OFFICE BOARD MEETINGS (monthly)

LAST TUESDAY OF THE MONTH

6:30 p.m.

(CENTRAL OFFICE VOLUNTEERS NEEDED)

Alcoholics Anonymous Central Office
1270 Main Street #102
Green Bay, WI 54301
For details: 920-432-2600

THIRD ANNUAL BREWER BUS TRIP

JUNE 27, 2019

9:00 a.m. - ~6:00 p.m.

\$55 a person

Send checks to Central Office District 1

1270 Main Street #102

Green Bay, Wisconsin 54302

For Details: Lloyd Z. (District 1 Events Co-chair)

920-713-0760

Departure: De Pere Park & Ride

100 Lawrence Dr

De Pere, WI 54115

SEYMOUR INTERGROUP*

SATURDAY, JUNE 29, 2019

Emmanuel Lutheran Church

349 N. Main Street

Seymour, WI 54165

Doors open-4:30 p.m., Dinner-6:00 p.m. Meeting-7:00 p.m.

Hot sandwiches provided

Bring a dish to share & bring a friend

SPEAKERS:

Rich H. Hebron, IL (AA)

Bonnie R. McHenry, IL (AI-Anon)

JULY 4TH GRATITUDE MEETING

THURSDAY, JULY 4, 2019

(CLOSED MEETING)

10:00 a.m.

The 218 Club

218 S. Oneida St.

Green Bay, WI 54304

AN EVENING OF GOD TALK*

WITH FATHER BILL

WEDNESDAY AUGUST 7, 2019

5:30 p.m. - 8:00 p.m.

Saint Norbert Center for Spirituality

1016 N Broadway

De Pere, WI 54115

218 CLUB SUMMER PICNIC

SATURDAY, AUGUST 24, 2019

11:00 a.m. - 4:00 p.m.

Food, Games - bring a dish to pass Murphy Park

1637 Dousman St.

Green Bay, WI 54303

LABOR DAY GRATITUDE MEETING

(Closed Meeting)

MONDAY SEPTEMBER 2, 2019

10:00 a.m.

The 218 Club

218 S. Oneida St.

Green Bay, WI 54304

4TH AND 5TH STEP FALL RETREAT*

(AA & AI-Anon)

OCTOBER 25-27, 2019

St. Norbert Center for Spirituality

1016 N Broadway

De Pere, WI 54115

\$175 Retreat Registration

(meals & lodging included)

\$100 deposit to

Step Retreats

PO Box 574

Green Bay, WI 54305

Judy G. 920-737-2330

218 CLUB HALLOWEEN PARTY

SATURDAY, OCTOBER 26, 2019

9:00 p.m. - Midnight

DJ, Prizes for best-scariest costumes

\$4.00 suggested Donation

The 218 Club

218 S. Oneida St.

Green Bay, WI 54304

GENERAL SERVICE REPRESENTATIVE (GSR) MEETING

April 11, 2019

District Committee Member (DCM) Report-Summary:

(Meeting Minutes Online: www.greenbayaa.org)

DCM, Matt B. Hello GSRs and District Chairs: I attended the Winter Assembly in April at Three Lakes on April 27, 2019. "Now and Then" move to electronic with opt in for abridged paper copy has been finalized. Treatment and Accessibilities verbiage for ASL interpreter for Area events on as needed basis has been adapted into structures and guidelines. Reminder from Norm (Literature Chair) that our literature can be bought at cost thru the Area if districts or groups need to reduce cost on small orders and avoid shipping charges. Area is still in need of an Archives Chair and interim Corrections Chair for Michigan. All reviewed material for upcoming conference was reviewed and discussed. List of items was provided in last months' DCM report. Nearer to home the new meeting at Libertas is still looking for other group members to support the Flintville Group in attending this meeting, but beginners are regularly attending. Yours in service, Matt B

Secretary, Theresa D. The April 2019 minutes were reviewed by those present. A motion was made and seconded to accept the minutes.

Accessibilities, Joe H. No report available.

Archives, Bill D. Not much new to report. He is hoping to hook up with individuals at the upcoming Spring Conference in Kimberly in order to revive the event regarding the "Oldtimers" panel.

Bridging the Gap, Marian K. Everything is going well. She has a good committee of women in place to respond to the letters. The application form suggests applying 3 months before applicants release date, which works well.

Cooperation with the Professional Community, Vacancy-No report available.

Corrections - Men, Adam B. He went to Madison this month to the Michigan/ Wisconsin correction conference. Six other guys that are involved in corrections had joined me. It was an amazing experience and a great opportunity to see a few areas that we can improve on. We had also got to hear the stories from inmates that were now released and continue to do their recovery journey, showing us exactly why we continue to go into jails to do the meetings. Overall the conference had shown me that District 01 is doing very well with its Corrections. I am extremely proud to be a part of this District's corrections and all involved should be as well. I can't thank everyone involved enough for all their service, as our corrections wouldn't be as strong as it is without each one of our volunteers. On a side note, the conference was also talking about the world service office needing people to write to inmates. If anyone would be interested please feel free to contact me or fill out the brochure that many meetings in our area have.

Corrections - Women, Theresa D. Theresa attended the recent fundraiser for Corrections -- the Moose and Goose in Seymour -- who donated a case of Big Books and a case of 12 x 12's for Corrections in Green Bay.

District Events Co-Chairs, Tamra D. and Lloyd Z. The Brewer Bus was discussed. Some checks are coming in but very slowing. There was an error in the flyers made -- the Brewers are playing the Mariners and not the Cardinals.

Grapevine, Vacancy-No report available.

Newsletter, Ronald M. No report available.

Public Information Chair, Pat. T.C. PI committee is going well and many ladies are helping to deliver pamphlets. I contacted Joe H. (Accessibilities) to let him know I have pamphlets for him. Delivered Spanish pamphlets to Spanish group. Order \$300.00 as needed -- assorted pamphlets.

Webmaster, Sam J. In order to get our district's AA meetings listed on <https://meetingguide.org/>, and the mobile app, we need to share our meeting data in a format their app can work with. This is a common practice, and is thoroughly described online at <https://github.com/meeting-guide/spec>. (To be clear, no personal information will be shared, not even contact numbers for meetings.) As common as the practice is, it would be cumbersome to implement with our current hosting provider. Last nail in the coffin for them, so I'm kicking them to the curb and looking for a new service provider for the district. I intend to have a new provider set up by the June meeting and imagine no one will notice the transition other than myself.

Here's a description of the web chair responsibilities that Deb put together a while back. All I'd add to it is something along the lines of 'Using the web to carry the message'. And, perhaps, 'keeps AA principles in mind when evaluating requests for posting information online.'

"The webmaster updates content of the webpages on greenbayaa.org website on a weekly or as needed basis.

The webmaster also monitors the site for any hacking or outage that may occur. If there is an issue with the website that is related to the company hosting the website, the website manager will need to work with that company to resolve the issues. The person maintaining the website needs to know how to code with HTML and CSS, have experience using FTP, and should be familiar with how websites work."

Treasurer's Report, Patrick H. Prepared for the May 2019 Meeting
 Starting Balance \$5,109.31

Deposits		Expenses		Ending Balance April, 2019	\$6,013.63
Sisters in Sobriety	28.87	<u>DigiCopy (Newsletter)</u>	<u>125.28</u>	Prudent Reserve	<u>-1,300.00</u>
Brewer Bus	660.00	Total Expenses:	\$125.28	Total Funds Available	\$4,713.63
Flintville Early Risers	180.00				
B.O.B. Group	100.00				
Letting Go	20.00				
<u>Saturday Eye Opener</u>	<u>40.73</u>				
Total Deposits:	\$1,029.60				
Subtotal:	\$6,138.91				

A motion was made, seconded and carried to approve the April 2019 Treasurer's Report.

GSR Reports:

- Walk with Us, Anne Marie K. Meetings are well attended.
- Sisters in Sobriety, Sue C. Meetings are going well; attendance is good. Early Birds, Kathy B. Meetings are doing well. They made their yearly disbursement to order Grapevines for 7 area libraries.
- Letting Go, Donna Y. Going well.
- Women in the Present, Renae S. Recent business meeting. Nothing new to report.
- Road to Recovery, Kimberly S. Meetings are going well.
- Flintville Early Risers, Sean S. Meetings are going well.
- Never on Sunday, Bruce K. Meetings are going well.
- Serenity Now, Tammie F. Meetings are always well attended.

Old Business:

Contacting GSRs from Inactive groups was discussed. Once we have as much information possible, this will be sent to the GSO in New York.

New Business: None

ACTION REQUIRED

I sit in my bed paralyzed, knowing there are things to be done, yet frozen and wanting to pull the covers back over my head and go to sleep. Here is where the seed of relapse germinates: in the fertile ground of fear and hurt. It begins to take root in the consciousness whispering, "This is too much. This is too hard. This is too painful." And the tendrils spread and anchor, choking out reason and hope, strangling the spirit.

Soon the whispers turn to commands of relief. Relief is needed! Sleep it away! Drink it away! Drug it away! Just make it go away! For these thoughts will grow. They will root. They'll spread and flourish inside me until they have consumed me, sending nets of fear and doubt to all the hidden places within, blocking out the light of love, constricting the breath of true living.

Here is where the action is required: pray, call, go to a meeting, read, do the next indicated thing by sweeping that floor, folding those clothes, washing those dishes. In these actions I can change the growing medium from fear and doubt to faith and hope. The tendrils no longer choke out reason, but soothe and caress, creating pathways to light and peace.

~Anita C. Crescent City, California

District 01 Committee Contact Information

District 01 Chairperson	dcmdistrict01@greenbayaa.org	Archives	archives@greenbayaa.org
Matt B. 920-217-6864		Bill D. 920-621-1258	
Alternate District Chairperson	altDCM@greenbayaa.org	Bridging the Gap	bridging@greenbayaa.org
Henrietta D. 920-530-3297		Marian K. 920-366-5950	
Newsletter	newsletter@greenbayaa.org	Public Info	PI@greenbayaa.org
Ronald M. 920-593-2915		Pat TC 920-301-3436	
Corrections Chairperson	corrections@greenbayaa.org	Grapevine	grapevine@greenbayaa.org
Adam B. 920-680-9496 (Men)		Coop with Prof. Comm.	cpc@greenbayaa.org
Theresa D. 920-490-7889 (Women)		Events	events@greenbayaa.org
Meetings List	meetinglist@greenbayaa.org	Lloyd Z. 920-713-0760	
Ronald M. 920-593-2915		Tamera D. 920-321-4910	
Treasurer	treasurer@greenbayaa.org	Webmasters	webmaster@greenbayaa.org
Patrick H. 920-819-5284		Sam J.. 920-362-4832	
Secretary	secretary@greenbayaa.org	Accessibility	accessibility@greenbayaa.org
Theresa D. 920-490-7889		Joe H. 920-569-2053	
Hotline			
Tom M. 920-562-2689			