

Native American 3rd Step Prayer

(short version)

Great Spirit, whose voice I hear in the wind,
whose breath gives life to the world,
Hear me. I come to you as one of your many children,
I am small & weak, I need your strength & wisdom.
May I walk in beauty. And how my life is unmanageable.
I need to learn & remember that I have an incurable illness & that
Abstinence is the only way to deal with it.

Long Version

Oh Great Spirit whose voice in the winds I hear,
And whose breath gives life to all the world-
Hear me. Before you I come One of your many children.
I am small & weak. Your strength & wisdom I need.
Let me walk in beauty & make my eyes ever behold the sunset.
Make my heart respect all You have made,
& my ears sharp to hear Your voice.
Make me wise that I may know all You have taught my people,
The lessons You have hidden in every rock.
I seek strength, not to be superior to my brother,
but to fight my greatest enemy ~ myself.
Make me ready to stand before You with clean & straight eyes,
So when life fades as the fading sunset,
may my spirit stand before You without shame.

Mitakuye Oyasin

Third Step Prayer (Alcoholics Anonymous)

God, I offer myself to Thee
To build with me & to do with me as Thou wilt.
Relieve me of the bondage of self, that I may better do Thy will.
Take away my difficulties,
that victory over them may bear witness
to those I would help of Thy Power, Thy love & Thy way of life.
May I do Thy will always!

3rd Step Prayer

Take my will & my life,
Guide me in my recovery,
Show me how to live.

3rd Step Prayer (Dr. Bob)

Dear God, I'm sorry about the mess I've made of my life. I want to turn away from all the wrong things I've ever done and all the wrong things I've ever been. Please forgive me for it all. I know You have the power to change my life and can turn me into a winner. Thank You,

God for getting my attention long enough to interest me in trying it Your way. God, please take over the management of my life and everything about me. I am making this conscious decision to turn my will and my life over to Your care and am asking You to please take over all parts of my life. Please, God, move into my heart. However You do it is Your business, but make Yourself real inside me and fill my awful emptiness. Fill me with your love and Holy Spirit and make me know Your will for me. And now, God, help Yourself to me and keep on doing it. I'm not sure I want You to, but do it anyhow. I rejoice that I am now a part of Your people, that my uncertainty is gone forever, and that You now have control of my will and my life. Thank You and I praise Your name. Amen.

Third Step Prayer (Clarence S.)

Lord, I ask that you guide and direct me, and that I have decided to turn my life and will over to you. To serve You and to dedicate my life to You. I thank you Lord, I believe that if I ask this in prayer, I shall receive what I have asked for.

Thank you God. Amen.

Third Step Prayer, Life with Hope

Higher Power,

I have tried to control the uncontrollable for far too long.

I acknowledge that my life is unmanageable.

I ask for your care and guidance.

Grant me honesty, courage, humility, and serenity,
to face that which keeps me from you and others.

I give this life to you to do with as you will.

3rd step Prayer

Father, Help me know Your will through the spiritual wisdom and understanding that comes from the Spirit so I may live a life worthy of You, pleasing You in every way. Help me to bear fruit, to influence others' lives in every good thing I do. May I constantly be growing in my understanding of who you are and in my awareness of how You work in the world. Help me offer myself as a living sacrifice, desiring not to live like those who are giving in to the ways of the world but to be totally changed by the renewing of my mind. Then I will be able to know Your will Your good, pleasing, and perfect will. May I yield my will to Yours and set my hearts on doing Your will. Help me set aside my own desires, seeking only Your will, standing firm and keeping on in Your strength. Help me be strong and not give up no matter what happens filled with joy and thanksgiving.

May I have no other desire than Yours. In Jesus' name,
amen.

3rd STEP

"God, I offer myself to Thee—to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of life. May I do Thy will always!" (p. 63 BB) God, Take my will and my life. Guide me in my recovery. Show me how to live. AMEN
(the step on p. 59 BB)